

# Aussi Rockingham Newsletter

## April 2005

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**Secretary – Eleanor Bourne**  
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**W**elcome to the April issue of Rockingham Aussi Masters Swimming Clubs' Newsletter.

### UPCOMING EVENTS



**Claremont Be Active Pool**  
Event Davies Road Claremont Sunday 10<sup>th</sup> April 2005

Events –

- 1a 200m Butterfly or
- 1b 200m Individual Medley
- 2 100m Free
- 3 50 m Breast
- 4 50m Free
- 5 50m Back
- 6 4X50m Free Relay (M)
- 7 4X50 m Free Relay (W)
- 8 4X50m Medley Relay (Mixed) (Not for points)

Warm up 7.45 am for 8.30 am start  
Nominations need to be in (to Claremont) by April 1<sup>st</sup>, so we need to nominate promptly.

I know we will all be jostling to enter for the 200 m Fly event!!

The next pool event is not until June 12<sup>th</sup>, at Mandurah, and hopefully we will get a little more notice than we did with this one.

### PAST EVENTS

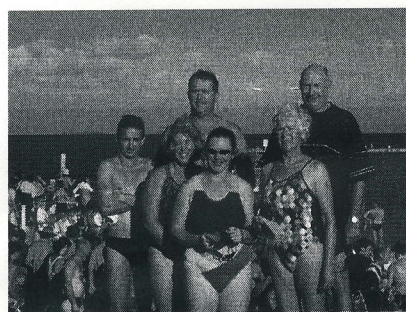
#### Coogee Jetty to Jetty

Sunday 13<sup>th</sup> March saw five club members at Coogee beach to swim in the Coogee Jetty to Jetty swim. Four swam the 1500, while one (who shall remain un-named) decided to have a slack morning & swim the 750m. Someone suggested "How about a warm-up?" and the decision was unanimous, to use the 750m & 1500m walk to the start as a warm up! The swim was late starting, and conditions by then were quite choppy but everyone enjoyed the swim, and then lined up for the most important part of the event – ask Paul Wilkinson – breakfast! As usual there was lots to eat and you could go back for refills. Age groupings for this swim are in 10 year increments and congratulations

to Paul who won the men's 45 to 54 year age group. Overall a most enjoyable morning.

(A little birdie told me that June came second in her age group too.)

Results can be viewed at [www.aussiwa.com.au](http://www.aussiwa.com.au)



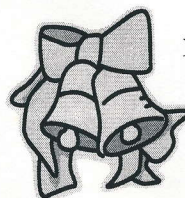
### 2005 NATIONAL SWIM HOBART

Show those Tasmanians what you're made of, Kerenza

### NEW TRAINING TIMES

Due to the change in opening times at Council Ave, we will now be moving to Aqua jetty for the winter. We will still be starting at 6.30pm Tuesday and Thursday, and back to the earlier start time of 9am Sundays.

### WEDDING BELLS



Best wishes to June and Martin on their upcoming wedding day on March 31<sup>st</sup> 2005

### NEXT MEETING

Will be held at the Good Life Café on 17<sup>th</sup> April 2005 after swimming training.

TRAINING TIMES: SUNDAYS 9.00AM – 10.00AM AQUA JETTY WARBRO