## ROCKINGHAM MASTERS SWIMMING CLUB

eetings: Sunday 18<sup>th</sup> July was our first meeting for a while and we

managed to have both an AGM followed by a General Meeting afterwards. Big thanks to all those people who attended and to



those who are now trying out new positions for the club. The next meeting is set for 31<sup>st</sup> October in the cafe at Warnbro Aqua Jetty 10.30am. The new club positions are as follows:

| President        | Paul Wilkinson   |
|------------------|------------------|
| Vice President   | Jan Boddy        |
| Secretary        | Eleanor Bourne   |
| Treasurer        | Cecily Kezic     |
| Recorder         | Lisa/Michelle    |
| Captain          | Michelle Roberts |
| Coach            | Vacant           |
| Property Person  | Cecily Kezic     |
| Public Relations | Len Kezic        |
| Newsletter       | Lisa Hussey      |
| Club Contact     | Lisa Hussey      |
|                  |                  |

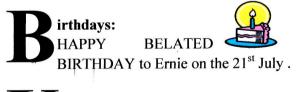
## ocial Stuff:

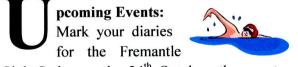
The first night out was Dinner at the Steel Tree in Rockingham and is now to be



followed by Dinner at the Last Drop on Saturday 18<sup>th</sup> September. Please let Paul Wilkinson know if you are attending on 0413 711 566. Partners

welcome O. Christmas is also getting closer; please make your suggestions for a venue at the next meeting  $31^{st}$  October.





Club Swim on the 24<sup>th</sup> October, the events are

200FS, BK or BRS, 50FLY, 50FS, 50BRS, 50BK, 4 x 50 Mixed FS and Mixed Medley relays.

Masters Swimming National Championships are to be held in Perth for 2011! 27<sup>th</sup> to the 30<sup>th</sup> April.

## **Training Times:**

**Tuesday** 6am to 7am Aqua Jetty with Brian \$5.00 fee for coach

**Thursday** 6am to 7am Aqua Jetty with Brian \$5.00 fee for coach

Saturday 8am to 9am Rockingham Beach in front of Gazebo. Breakfast afterwards at Palm Beach Cafe ©.

**Sunday** 8.30am to 9.30am Aqua Jetty (followed by coffee).

When the weather gets a little warmer, we are looking at holding some time trials for anyone who is interested.

When summer arrives would anyone be interested in extra swim training at the Aqua Jetty?

## inks and Other Info

If anyone has any information for the next newsletter please email to Lisa – stephenhussey@bigpond.com.

Great swim site for downloading your own swim training plans <u>www.swimplan.com</u>

Just for information; Sandra and Ross Adam (ex Aussi swimmers) are helping Rotary organise the Farmers Markets in Rockingham on a Saturday morning. The markets open at 8am and are quite small at the moment, but the more local support they get the more likely it will be that the markets will flourish and remain. Please call by and support the local Rotary Club.

See you in the pool.....