

# ROCKINGHAM MASTERS SWIMMING CLUB

**M**eetings:  
Sunday 18<sup>th</sup> July was our first meeting for a while and we managed to have both an AGM followed by a General Meeting afterwards. Big thanks to all those people who attended and to those who are now trying out new positions for the club. The next meeting is set for 31<sup>st</sup> October in the cafe at Warnbro Aqua Jetty 10.30am. The new club positions are as follows:



President	Paul Wilkinson
Vice President	Jan Boddy
Secretary	Eleanor Bourne
Treasurer	Cecily Kezic
Recorder	Lisa/Michelle
Captain	Michelle Roberts
Coach	Vacant
Property Person	Cecily Kezic
Public Relations	Len Kezic
Newsletter	Lisa Hussey
Club Contact	Lisa Hussey

## **S**ocial Stuff:

The first night out was Dinner at the Steel Tree in Rockingham and is now to be followed by Dinner at the Last Drop on Saturday 18<sup>th</sup> September. Please let Paul Wilkinson know if you are attending on 0413 711 566. Partners welcome ☺. Christmas is also getting closer; please make your suggestions for a venue at the next meeting 31<sup>st</sup> October.



## **B**irthdays:

HAPPY BELATED BIRTHDAY to Ernie on the 21<sup>st</sup> July .



## **U**coming Events:

Mark your diaries for the Fremantle Club Swim on the 24<sup>th</sup> October, the events are



200FS, BK or BRS, 50FLY, 50FS, 50BRS, 50BK, 4 x 50 Mixed FS and Mixed Medley relays.

Masters Swimming National Championships are to be held in Perth for 2011! 27<sup>th</sup> to the 30<sup>th</sup> April.

## **T**raining Times:

**Tuesday** 6am to 7am Aqua Jetty with Brian \$5.00 fee for coach

**Thursday** 6am to 7am Aqua Jetty with Brian \$5.00 fee for coach

**Saturday** 8am to 9am Rockingham Beach in front of Gazebo. Breakfast afterwards at Palm Beach Cafe ☺.

**Sunday** 8.30am to 9.30am Aqua Jetty (followed by coffee).

When the weather gets a little warmer, we are looking at holding some time trials for anyone who is interested.

When summer arrives would anyone be interested in extra swim training at the Aqua Jetty?

## **L**inks and Other Info

If anyone has any information for the next newsletter please email to Lisa – [stephenhussey@bigpond.com](mailto:stephenhussey@bigpond.com) .

Great swim site for downloading your own swim training plans [www.swimplan.com](http://www.swimplan.com)

Just for information; Sandra and Ross Adam (ex Aussi swimmers) are helping Rotary organise the Farmers Markets in Rockingham on a Saturday morning. The markets open at 8am and are quite small at the moment, but the more local support they get the more likely it will be that the markets will flourish and remain. Please call by and support the local Rotary Club.

See you in the pool.....